

Erskine Academy Athletics Pre-participation Health Form/History

(To be filled out by student & parent/guardian)

Date: _____

Name: _____ Sex: ___ Age: _____ Date of Birth: _____ Grade: _____

Sport:(fall) _____, (winter) _____, (spring) _____

Address: _____ (address city,state,zip) Phone: _____

Explain "Yes" answers below:

- | | | |
|--|-----|----|
| 1. Have you ever been hospitalized?..... | Yes | No |
| 2. Have you ever had surgery?..... | Yes | No |
| 3. Are you presently taking any medications or pills?..... | Yes | No |
| 4. Do you have any allergies (medicine, bees, or other stinging insects)?..... | Yes | No |
| 5. Have you ever passed out during or after exercise?..... | Yes | No |
| 6 .Have you ever been dizzy during or after exercise?..... | Yes | No |
| 7. Have you ever had chest pain during or after exercise?..... | Yes | No |
| 8.Do you tire more quickly than your friends during exercise?..... | Yes | No |
| 9. Have you ever had high blood pressure?..... | Yes | No |
| 10.Have you ever been told that you have a heart murmur?..... | Yes | No |
| 11. Have you ever had racing of your heart or skipped heart beats?..... | Yes | No |
| 12. Has anyone in your family died of heart problems or a sudden death before age 50?..... | Yes | No |
| 13. Do you have any skin problems (itching, rashes, acne)?..... | Yes | No |
| 14. Have you ever had a head injury?..... | Yes | No |
| 15. Have you ever been knocked out or unconscious?..... | Yes | No |
| 16. Have you ever had a seizure?..... | Yes | No |
| 17. Have you ever had a stinger, burner or pinched nerve?..... | Yes | No |
| 18. Have you ever had heat or muscle cramps?..... | Yes | No |
| 19. Have you ever been dizzy or passed out in the heat?..... | Yes | No |
| 20. Do you have trouble breathing or do you cough during or after activity?..... | Yes | No |
| 21. Do you use any special equipment (pads, braces, neck rolls, mouth guards, eye guards, etc.)..... | Yes | No |
| 22. Have you had any problems with your eyes or vision?..... | Yes | No |
| 23. Do you wear glasses or contacts or protective eye wear?..... | Yes | No |
| 24. Have you ever sprained/strained, dislocated, fractured, broken or had repeated swelling of any bones or joints?..... | | |
| Head ___ Shoulder ___ Thigh ___ Neck ___ Elbow ___ Knee ___ Chest ___ Foot ___ Forearm ___ | | |
| Shin/calf ___ Back ___ Wrist ___ Ankle ___ Hip ___ Hand ___ | | |
| 25. Have you had any other medical problems (infectious mononucleosis, diabetes, etc.)?..... | | |
| 26. Have you had any medical problem or injury since your last evaluation?..... | | |
| 27. When was your last tetanus shot? _____ | | |
| 28. When was your last measles immunization? _____ | | |

Explain "Yes" answers (use additional paper if needed):

Signature of Athlete: _____

Date: _____

Signature of parent/guardian: _____

Date: _____